



Erasmus+

# List of training subjects in the field of non-vocational **ADULT** EDUCATION



non-vocational

**adult  
education**

european exchange of experiences



EBiassociation  
Educație Biznes Inovație



e-c-c  
E-C-C Association for Interdisciplinary Education and Consulting  
Education - Culture - Citizenship

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The project “**Non-vocational adult education – European exchange of experiences**” under Erasmus+ Programme focuses on building the Partnerships between European organizations working in the field of adult education and on exchanging and sharing experiences in the sphere of lifelong learning.

Among the members there are small and medium organisations, private bodies, organisations with long history and quite new-established ones, from different geographical and cultural areas of Europe, but all of them are strongly involved in adult education.

Examples of trainings and courses offered by each Partner are presented below.

## E-C-C Verein für interdisziplinäre Bildung und Beratung

Educational offer:

<b>Training / course:</b>	WORKSHOP: ISLAMISTIC RADICALISATION
<b>Objectives:</b>	To give an overview about the situation and to sensibilize teachers
<b>Short description / content:</b>	Extremists use the Internet in a variety of ways and sometimes with frightening creativity and professionalism to recruit assassins, for do-it-yourself radicalisation and, of course, for classical propaganda purposes. The possibilities of new media to spread attractively prepared content to a large audience are also increasingly being used for Islamist, Salafi and Jihadist propaganda, and so initial contact with extremist ideas of this kind is increasingly taking place via social media.
<b>ICT in teaching and learning:</b>	Computers and mobile phones are used for demonstrations
<b>Target group:</b>	Teacher, youth workers, interested parents
<b>Duration:</b>	3 hours

<b>Training / course:</b>	WORKSHOP: RIGHT-WING RADICALISATION
<b>Objectives:</b>	To give an overview about the situation and to sensibilize teachers
<b>Short description / content:</b>	Xenophobia is not a new phenomenon, but as the number of refugees rises, violent and arson attacks against asylum seekers or their organisations also occur in Austria. Right-wing radical groups have long since arrived on the Internet. Experts assume that there are more than 2,000 mainly German online offerings that can clearly be assigned to right-wing extremist groups. Most of the content published by the groups is punishable by law.
<b>ICT in teaching and learning:</b>	Computers and mobile phones are used for demonstrations
<b>Target group:</b>	Teacher, youth workers, interested parents
<b>Duration:</b>	3 hours

<b>Training / course:</b>	LECTURE: THE INTERNET WORLD
<b>Objectives:</b>	To give an overview about the situation and to sensibilize parents.
<b>Short description / content:</b>	The aim of this lecture series is to present the virtual residences of children and young people - what they do on the Internet - what is Facebook, Twitter, Instagram etc... Who are their communication partners? Does the use of these technologies have risks when children and young people communicate with people they don't know? How can these potential risks be avoided? How do we know

	that something is wrong? The first block includes a general overview of new technologies used by our children
<b>ICT in teaching and learning:</b>	Computers and mobile phones are used for demonstrations
<b>Target group:</b>	Teacher, youth workers, interested parents
<b>Duration:</b>	3 hours

<b>Training / course:</b>	LECTURE: CYBER MOBBING
<b>Objectives:</b>	To give an overview about the situation and to sensitize teachers and parents
<b>Short description / content:</b>	We will give an overview of what cyberbullying is and what it involves. The audience will also learn more about the context of cyberbullying and how it arises. Who is a potential victim of cyberbullying and who on the other hand shows a tendency to become an aggressor.
<b>ICT in teaching and learning:</b>	Computers and mobile phones are used for demonstrations
<b>Target group:</b>	Teacher, youth workers, interested parents
<b>Duration:</b>	3 hours

<b>Training / course:</b>	LEARNING IN VIRTUAL WORLDS
<b>Objectives:</b>	To show the potential of learning in virtual worlds
<b>Short description / content:</b>	<p>One reason why traditional eLearning rarely really works well is the lack of social embedding of the participants and the resulting loneliness. Virtual 3D worlds allow the step out of loneliness because they enable the authentic emotional experience of being part of a group. The participants of these courses really meet - in virtual spaces. There they can talk, write, flirt, make jokes, chat - or even listen to the teacher. The virtual space also allows overcoming geographical spaces and boundaries - you can meet people you would hardly have met in the real world.</p> <p>On the basis of a language course we will discuss the possibilities of using Second Life in adult education.</p>
<b>ICT in teaching and learning:</b>	Computers are used
<b>Target group:</b>	Adult education teachers, interested adults
<b>Duration:</b>	8 hours

<b>Training / course:</b>	HEALTH CARE WITH "SMART PATIENTS"
<b>Objectives:</b>	to introduce into the use of this health initiative
<b>Short description / content:</b>	In this seminar we explain the use of the Smart Patients modules Prevention Knowledge Participation to healthcare professionals. These materials help your clients or patients to consciously deal with their own health. They offer training and information materials about health and illness. Each module consists of several chapters. The chapters have different learning goals and can therefore be worked on individually.
<b>ICT in teaching and learning:</b>	Computers are used
<b>Target group:</b>	The seminar is aimed at nursing staff in hospitals

<b>Duration:</b>	8 hours
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## Jafnréttishús

Educational offer of Jafnréttishús:

<b>Training / course:</b>	ICELANDIC LANGUAGE COURSE
<b>Objectives:</b>	Language is the key to a new life and a way to be an active citizen. Teaching the Icelandic language to foreigners gives them a better opportunity to integrate into society, motivates them and helps them on the labour market.
<b>Short description / content:</b>	Language courses at various levels. Content: <ul style="list-style-type: none"> <li>▪ Grammar-translation</li> <li>▪ Audiolingual approach</li> <li>▪ Physical response translation</li> <li>▪ Vocal approach</li> </ul>
<b>ICT in teaching and learning:</b>	<ul style="list-style-type: none"> <li>▪ Personal computers</li> <li>▪ Online books</li> <li>▪ Audio books</li> </ul>
<b>Target group:</b>	Adult learners / immigrants
<b>Duration:</b>	2-6 months Duration depends on the goal, the intensity of the course and how much Icelandic is used out of the classroom. The length of the studies may also depend on previous education and language background.
<b>Remarks/Hints:</b>	In the situation, that the learners cannot read/write in their mother tongue we organise Icelandic course during their daily activities (during knitting, sewing, horse riding), as well we try to use various teaching methods, e.g. songs, videos.

<b>Training / course:</b>	COMPUTER COURSE
<b>Objectives:</b>	Teaching foreigners how to use a computer for them to get a better opportunity in the job market since in modern times almost everything requires some knowledge in technology.
<b>Short description / content:</b>	ICT for adult learners
<b>ICT in teaching and learning:</b>	Computer, software
<b>Target group:</b>	Adult learners / immigrants
<b>Duration:</b>	2-6 months
<b>Remarks/Hints:</b>	In modern society knowing the basics of a computer or any electronic device can be very useful.

<b>Training / course:</b>	MS WORD, MS EXCEL, MS PUBLISHER AND MS POWER POINT
<b>Objectives:</b>	The aim is to enable the learners to develop their technical skills in using the basic computer applications and abilities in preparation for their citizenship and/or further work.
<b>Short description / content:</b>	IT courses: MS Word, MS Excel, MS publisher and MS Power Point
<b>ICT in teaching and learning:</b>	Computer, software

<b>Target group:</b>	Adult learners / immigrants
<b>Duration:</b>	2 months

<b>Training / course:</b>	EMPOWERMENT COURSE
<b>Objectives:</b>	To empower foreigners, to help them integrate better into society.
<b>Short description / content:</b>	<p>The training program should include the following:</p> <ul style="list-style-type: none"> <li>▪ intercultural competencies and communication; dimensions and standards of Icelandic culture</li> <li>▪ psychological impact of migration and acculturation</li> <li>▪ rights and obligations of a foreigner in Iceland</li> <li>▪ the history of a city; building a relationship with the place; recommended reading on the history of Iceland</li> <li>▪ competencies sought after by employers: communication, self-presentation, collaboration.</li> </ul> <p>In parallel to educational activities, meetings should be held with immigrants where they could learn about the local values, including meetings with members of the city council and local activists or local community and visits to cultural institutions. Other recommended measures include education through culture as a way to familiarise immigrants with Icelandic literature, cinema and theatre.</p>
<b>Target group:</b>	Adult learners / immigrants
<b>Duration:</b>	6 months

## Society of Pierian Studies "ESTIA PIERIDON MUSON" KATERINI

Educational offer:

<b>Training / course:</b>	PHOTOGRAPHY COURSE
<b>Objectives:</b>	Our members to be acquainted with the art of photography
<b>Short description / content:</b>	Technical issues, artistic approach of photography, practice on the field
<b>ICT in teaching and learning:</b>	Training will be conducted using laptop and projector in order to visualize to trainees all aspects of photography.
<b>Target group:</b>	Everyone above 12 years old
<b>Duration:</b>	3 months
<b>Remarks/Hints:</b>	No background knowledge is needed!

<b>Training / course:</b>	DANCING COURSE
<b>Objectives:</b>	Our members to learn how to dance, mainly traditional dances.
<b>Short description / content:</b>	Traditional dances from all over Greek territory.
<b>ICT in teaching and learning:</b>	-
<b>Target group:</b>	All ages
<b>Duration:</b>	9 months
<b>Remarks/Hints:</b>	The best way to relax!

<b>Training / course:</b>	CHOIR COURSE
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<b>Objectives:</b>	Our members to learn how to sing or pray in order to join our choir
<b>Short description / content:</b>	Greek and international repertoire
<b>ICT in teaching and learning:</b>	-
<b>Target group:</b>	Everyone above 12 years old
<b>Duration:</b>	12 months

<b>Training / course:</b>	THEATER COURSE
<b>Objectives:</b>	Our members to learn how to speak and play in theater
<b>Short description / content:</b>	Greek and international repertoire
<b>ICT in teaching and learning:</b>	-
<b>Target group:</b>	Everyone above 12 years old
<b>Duration:</b>	6 months

## Stowarzyszenie “EBI Association”

Examples of trainings offered by EBI:

<b>Training / course:</b>	IT COURSES (MS WORD, GOOGLE DOCS, MS EXCEL, MS OUTLOOK AND SOCIAL MEDIA, POWER POINT / PREZI, ETC.)
<b>Objectives:</b>	The aim is to enable the learners to develop their technical skills and abilities in preparation for their citizenship and/or further work. These courses are for beginners and more experienced learners. The course is in groups.
<b>Short description / content:</b>	IT courses at various levels.
<b>ICT in teaching and learning:</b>	Computer, software
<b>Target group:</b>	All adults
<b>Duration:</b>	Duration depends on the aims and the intensity of the course. The length of the studies may also depend on previous knowledge.

<b>Training / course:</b>	GRAPHICS DESIGN COURSE
<b>Objectives:</b>	The goal is to equip learners with a set of transferable formal and conceptual tools for “making and communicating” in the field of graphic design. This core skills set will equip learners for formal studies in graphic design, and a starting point for further work in interface design, motion graphics, and editorial design.
<b>Short description / content:</b>	Various software applications (such as Illustrator and Photoshop), web design, image editing, drawing and graphic animation.
<b>ICT in teaching and learning:</b>	Software
<b>Target group:</b>	All adults
<b>Duration:</b>	Up to 160 hours

<b>Training / course:</b>	PHOTOGRAPHY WORKSHOPS
<b>Objectives:</b>	To teach photographic and technical skills and to show how to simply navigate your way around the menu's and discover the joy of using the camera in its manual settings. By the end of the course participant feels confident and knows the pictures they are taking

	are not by luck but by their judgement and skills, plus of course it's a great city to photograph.
<b>Short description / content:</b>	<p>Course content focuses on:</p> <ul style="list-style-type: none"> <li>▪ Your DLSR camera functions</li> <li>▪ Aperture</li> <li>▪ ISO</li> <li>▪ Shutter Speed</li> <li>▪ Composition</li> <li>▪ What lenses to choose and how to use them</li> <li>▪ Working with natural light</li> <li>▪ Workshops</li> </ul>
<b>ICT in teaching and learning:</b>	Software
<b>Target group:</b>	Beginners
<b>Duration:</b>	Up to 32 hours

<b>Training / course:</b>	ENGLISH COURSES
<b>Objectives:</b>	To gain or improve English language skills
<b>Short description / content:</b>	English at various levels
<b>ICT in teaching and learning:</b>	Video, audio, e-books
<b>Target group:</b>	All adults
<b>Duration:</b>	Duration depends on the aims, the intensity of the course and how much of English is used out of the classroom. The length of the studies may also depend on previous education.

<b>Training / course:</b>	INTERCULTURAL TRAININGS
<b>Objectives:</b>	This course is ideal for those who work/cooperate in a multi-cultural environment and would like to develop their own intercultural skills in order to communicate effectively in today's international world.
<b>Short description / content:</b>	<p>During the course the following areas are tackled:</p> <ul style="list-style-type: none"> <li>▪ The link between intercultural &amp; communication skills</li> <li>▪ The core leadership, intercultural &amp; communication skills.</li> <li>▪ Diversity and its impact on leadership.</li> <li>▪ Team behaviour and team skills</li> <li>▪ The skills required to lead international teams</li> <li>▪ The communication skills required to work internationally</li> </ul> <p>Learning is practical and task-based, involving both individual and group work, with practical feedback being given on the communication styles and skills.</p>
<b>Target group:</b>	All adults
<b>Duration:</b>	16 hours

<b>Training / course:</b>	SOFT SKILLS WORKSHOPS
<b>Objectives:</b>	<p>The aim is to enable participants to develop their soft skills and abilities to cooperate in group.</p> <p>The workshops are in groups.</p>
<b>Short description / content:</b>	<p>Workshops are divided into modules:</p> <ul style="list-style-type: none"> <li>▪ Effective communication</li> </ul>

	<ul style="list-style-type: none"> <li>▪ Problem solving</li> <li>▪ Teamwork</li> <li>▪ Emotions and stress management</li> </ul> <p>The learners might choose in which module they would like to participate in.</p>
<b>Target group:</b>	All adults
<b>Duration:</b>	Each module usually runs from 8 to 16 hours.

<b>Training / course:</b>	TRAINING IN THE FIELD OF SOCIAL RESPONSIBILITY AND COMMUNICATION WITH SENIORS
<b>Objectives:</b>	Communication with seniors can be challenging for some. There are techniques and skills you can use to help facilitate communication with seniors. The workshop aims to equip participants with the skills and knowledge to effectively communicate with seniors by applying communication skills and use of communication techniques in their place of work within the eldercare setting.
<b>Short description / content:</b>	<p>Key points:</p> <ul style="list-style-type: none"> <li>▪ Communication Changes with Typical Aging</li> <li>▪ Aging with a Preexisting Communication Disorder</li> <li>▪ Onset of New Communication Disorders in Old Age</li> <li>▪ Important functions of communication</li> <li>▪ Enhancing Everyday Communication</li> </ul>
<b>Target group:</b>	Caregivers of the elderly
<b>Duration:</b>	4 hours

<b>Training / course:</b>	ELEMENTS OF FIRST AID FOR THE ELDERLY
<b>Objectives:</b>	This First Aid for the Elderly course is designed specially to enable caregivers of the elderly to respond promptly and effectively if someone they are caring for is injured or taken ill.
<b>Short description / content:</b>	<p>Training content focuses on:</p> <ul style="list-style-type: none"> <li>▪ Responding appropriately to a first aid emergency</li> <li>▪ Understanding how ageing impacts on the elderly</li> <li>▪ Recognizing the symptoms of some common disease for the elderly</li> <li>▪ Common incidents for the elderly</li> <li>▪ Common causes of unconscious</li> <li>▪ Management of unconscious casualty</li> <li>▪ Basic Life Saving Techniques</li> <li>▪ Basic Understanding of Medication Management</li> </ul>
<b>Target group:</b>	Caregivers of the elderly
<b>Duration:</b>	6 hours
<b>Remarks/Hints:</b>	Our first aid trainers all have experienced in accident and emergency situations in addition to their skills as first aid instructors. By including real life situations as part of our training we can enhance the learning experience and make our courses much more relevant and interesting







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